

Partners In Recovery

POLICY AND
STANDARDS

Applicable Arizona Department of Health Services Behavioral Health Licensing Rule(s):
R9-20-201B2.1

Policy Name: Vital Signs Monitoring

Policy Number: MED - 0003

H.M. Gilbert Jr., Executive Director, PIR

Date

Cross Reference(s)

Coordination of Care with the PCP; Medical Staff Coverage Medication Monitoring Minimum Requirements, PM form 3.15

Policy Statement

Partners In Recovery require clinic staff to monitor patient vital signs when appropriate.

Purpose

To support a consumer's health by monitoring vital signs when appropriate.

Scope

Partners In Recovery Direct Care Clinics.

Key Terms

Should the reader need to inquire as to the definition of a term used in this policy, the Partners In Recovery Key Term Glossary can be found in the back of the Policy and Procedure Manual.

Standards

- I. Assessment as part of Psychotropic Medication Monitoring
 - A. The Nurse conducts the assessment of the consumer's height, weight and body mass index (BMI) as well as vital signs, body temperature, pulse and blood pressure at the initiation of medication and annually thereafter or if clinically indicated, more frequently, based on a frequency ordered by a Behavioral Health Medical Practitioner (BHMP).
 - B. If the assessed weight and/or one or more vital signs vary from current medical norms such as Pulse (beats per minute) 60-100; Respirations (breaths per minute) 12-20; Blood Pressure systolic over 140 and diastolic over 90 the following actions are taken:
 1. Immediately report a pulse, respiration and/or blood pressure significantly under or over the norm to a BHMP.
 2. Review consumer's previous vital signs;
 3. Re-assess the vital sign or vital sign(s) in question. Pulse and blood pressure should be taken in the opposite arm.
 4. Review most recent consumers' assessment with the consumer for any updates such as new medications or newly diagnosed medical conditions.
 - C. Consumer's height, weight and BMI as well as vital signs are documented in the *Vital Signs Record*. Additional actions as outlined in Standard C are documented in the consumer's medical record.
 - D. Any findings of concern shall be forwarded to the consumer's Primary Care Physician (PCP) in accordance with policy on *Coordination of Care with the PCP*.

Partners In Recovery Direct Care Clinic Forms & Attachments

Vital Signs Record
